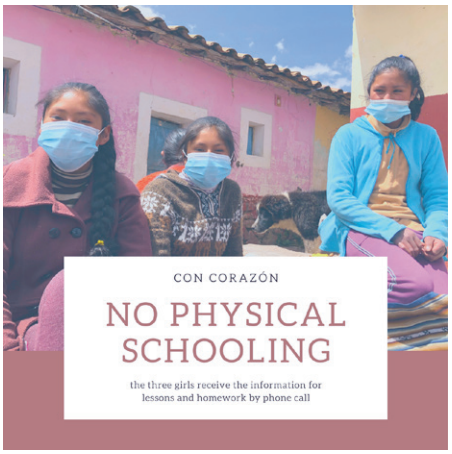
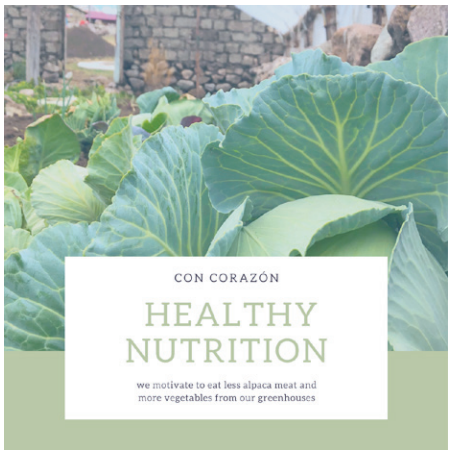
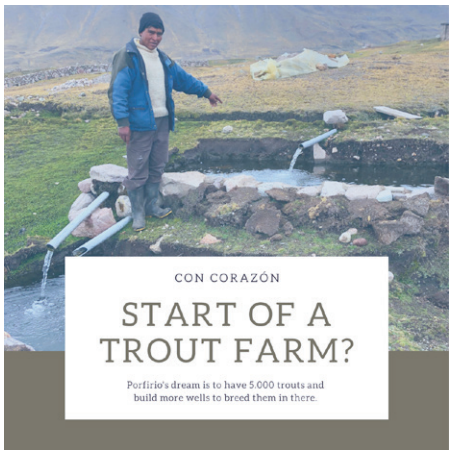
con corazón
perú - suiza

2021 Annual Report







Saulo doing some prevention and promotion work

Organization
This year was full of learning and new experiences. The merger between DSP-LA and Con Corazón was one of the most important milestones that marked last year. The alignment and coincidence in terms of our vision, made possible an easy alliance of projects that seek a single goal, the well-being of the most vulnerable people. This is possible not only through health services but also through the environment that surrounds us. Our mission is focused on the health of human civilization and the natural systems on which it depends.

This past year, were able to travel more frequently than the past year with the entire team to the rural area of Marampaqui to serve the people of the Andes. We also had to consolidate and include all Con Corazón programs within a single administration.

Medical Center in Marampaqui
Maintaining a cohesive, harmonious and enthusiastic team is a task that must be done permanently and repeatedly. This time it was necessary to combine and assemble different professionals with different personalities and histories. The medical position was the one that changed the most since it is very difficult to find one that matches our times and plans.

The medical center Con Corazón program worked unstoppably and efficiently throughout the year. The dental medical campaigns were twice a month and in this way we managed to see approximately 960 patients during the year 2021. One of the most prevalent diseases are respiratory infections and lower back pain due to injuries.

Approximately 1,200 people received orientation in our program of health promotion and prevention. After receiving adequate instruction, our health promoter Jhoni Huillca was able to teach and sensitize all the people who came to our health center about the care that the population should have regarding their health and the environment that surrounds them. While patients sit and wait to be seen either by the doctor or dentist, Jhoni teaches them the basics of health. For example, the smoke they breathe from cooking with a traditional stove, produces indoor contamination thus it harms their respiratory system. She also shows them preventive activities such as constant tooth brushing. In this year, Jhoni also took over the administration of the pharmacy.

Community Projects in the area of Marampaqui
The lightning rod was a project that took a long time to complete. Fortunately, we were able to finish it before the stage of heavy rains reaches Marampaqui. On this occasion, there was quite an important community participation. Now the people who live around the lightning rod are no longer afraid to use their radios, televisions or phones.

Despite the fact that our greenhouse has a broken plastic cover, it is still used to plant vegetables, herbs and medicinal herbs in the area. Now the person in charge is Jhoni, who is in charge of cleaning the bad weed and watering regularly. It is our hope that the surrounding communities can emulate this greenhouse project so that they have a variety of nutrients in their daily diet.

Dental Clinic in Cusco
In the oral health program, we were able to see many patients in our Dental Clinic in the city of Cusco. There are four dentist and two dental assistants. Dr. Flor Salvador is in charge of the children. Dr. Eliana Carrillo treats most of the adults and perform dental cleanings as well, Dr. Lida Velazque is an endodontist who perform root canal treatments. Dr. Saulo Gamarra is in charge of dental prosthetics and oral surgeries.

One of the most outstanding issues is the recognition of the Dental Board of our work for the benefit of the most vulnerable people. Three dentists from our Dental Clinic Con Corazón received an award for their humanitarian work. It

Dental treatment at the Medical Center

was also our last year at the premises of the Swiss consulate, so we had to move to a different location. Currently, we are located at new address in the city of Cusco.

Empowerment Projects
The weaving mothers had a very active participation in their work of weaving with alpaca wool. The objectives set by El Tucán for this year were achieved. Due to the enthusiasm and commitment they displayed, we believe these ladies are ready for further production. Coordination and communication are areas in which we must continue working to strengthen the team.

In the microcredit program, Benjamin Quispe and Porfirio Huillca received PEN 1,500 each, as an interest-free loan. With this amount of money, Benjamin managed to buy 30 guinea pigs and a male guinea pig whose price is PEN 500 and he also planted grass to feed the guinea pigs. Porfirio was able to buy 4,000 fingerlings and also built and improved 6 wells for trout farming. We expect the return of the money from the month of August 2022.

New website, logo and social media
Con Corazón took advantage of the merger as an opportunity to design a new logo and create a new website. This was possible thanks to the tireless efforts of Danièle Turkier and her personal network, through which she was supported. The trilingual website also contains a blog with current affairs, which we are constantly expanding. The social media channels Facebook, Instagram, and LinkedIn have also been regularly updated with current topics and reports since September 2021.

The administration and accounting system of Con Corazón has been a very important point during this year. The ongoing and transparent exchange between the team in Switzerland and the team in Peru simplifies the cooperation a lot. The team on site has learned a lot and we want to be very careful and responsible with the support and resources that come from Switzerland.

The beneficiaries in the city of Cusco and residents of the Marampaqui and surrounding areas are truly grateful for our presence. This was demonstrated during the last medical and dental campaign during the Christmas season. The many hugs, smiles and words of thanks encouraged us to continue working for them. This greatly encourages us and prepares a future full of new projects that allow us to improve the quality of life of the people we serve.

Outlook
In the year of 2022, we would like to hire a teacher who can help children with the homework left by their school teachers. This work is in coordination with the school's principal. During the pandemic, the children practically lost two years of school since they do not have neither access to classes online nor cellphone signal. In the year of 2022 the Peruvian government have decided that the children return to school in person. We think this year it might be a challenging one for them. This is an opportunity for us to help fill this gap.

We also have together with the Rotary Club Aarau a pilot project for the installation of smoke-free kitchens. These are improved stoves that prevent indoor contamination therefore household members stop breathing smoke. As a consequence, the damage to the respiratory system that they experience daily, especially women and children, who are the ones who stay in the house the longest, can be eliminated.

Saulo Gamarra is willing to visit Switzerland this coming June-July 2022. This can be an amazing experience as well as getting to know him in person and all the people involved in this big endeavor. We want to encourage all the potential donors to invest in Con Corazón and its programs. Together we can have more impact on the people who need it most.

www.con-corazon.org

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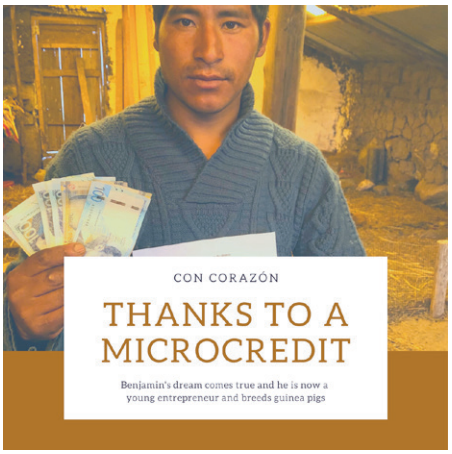

Selection social media wall 2021

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