

## Con Corazón Outreach Report

14 July 2021 – Marampaqui

Today, the people from and around Marampaqui had been waiting for us and they looked really excited as the team arrived to the Con Corazon health Center. Normally, we are the ones who wait for them. As we approached the health facility, the kids received us with a big smile.



### Activities

- In the medical activities, dr. Davis Carrion has seen 17 patients in total. Arthritis was a recurrent infirmity.
- In the dental activities, Dr. Yeni Reynoso joined us as a guest. She has seen 15 patients with lots of complicated cases. She worked along with a dental assistant Elizabeth Valdivia.
- In the laboratory, biologist Wendy Lucana made 5 labs exams.
- Nurse Ana Rivera and Yoni Huilca have been busy. From receiving crying kids in triage to administration of intravenous saline solution to some patients.



## Photo Gallery



Benjamin Mamani is 21 years old. He came to our health facility because he is feeling dizzy. He has been pursuing a dream: to provide for his parents, brothers and sisters. His idea is to buy 100 guinea pigs, raise them and sell it in the local market. He just waits for some support. Guinea pigs are good source of proteins. The meat contains more than 20% protein, which is higher than in chicken, beef, lamb or pork. And with only about 8% fat, it is also leaner than most other common meats. It is rich in Omega 3 fatty acids and Vitamin B, and as such is a healthier as well as cheaper alternative to other meats.



Ernesto Layme is 33 years old and come from Mahuayani in a motorcycle. He has had an accident a couple of months back and now he still has some pain in his legs and his back. Motorcycles are becoming more and more popular with the locals. Unfortunately, motorcycle accidents have increased in the last 2 years and have already become a public health problem.



Aniceta Merma is 60 years old. She walked 3 hours from Pacchanta. She's never visited a doctor but only use traditional medicine she learnt from her ancestors. She came to our health center with body pain and the doctor recommended to get some lab exams. We found out she has diabetes.



These hats are very popular with women. The most colorful and bright ones are known to be for single women. That way men can identify them.



Our new scale and wire screens have been installed and positioned. Wire screens will help keep moisture out, while also preventing birds from shitting inside the building.