

## Con Corazón Outreach Report

07<sup>th</sup> July 2023 – Marampaqui

Finally, after a long time, we have the greenhouse ready. Now we need to plant vegetables. The infrastructure has been modified and the plastic roof completely changed. We use another technique to prevent the weather, dryness and winds from easily destroying it.

Vegetable consumption is not very popular in this area. The constant cold and the lack of education in health and nutrition mean that the inhabitants have other preferences in their diet. We firmly believe that raising awareness on issues as important as nutrition will change the way people think.

Our plan is to plant different vegetables such as: onions, lettuce, cabbage, tomato, etc. Also medicinal plants such as cat's claw, achiote, muña, etc. The inhabitants of the area frequently use infusions based on these medicinal plants to relieve pain, inflammation and some discomforts.





## **Activities**

Medicine, we have seen 25 patients.

Dentist, 12 patients

Laboratory, 09 lab tests were done.

Health promotion for all our patients.



## **Photo Gallery**





Children under 8 years old are already losing their teeth due to decay and infection.





Youth comes to our medical center. More and more young people are concerned about their health condition.