



## Con Corazón Outreach Report

21<sup>st</sup> October 2025 – Marampaqui

The successful implementation of the greenhouse project marks a significant step toward improving both nutrition and health among the beneficiary families. By providing essential materials such as iron bars, plastic coverings, and wooden planks, the project empowers families to establish their own sustainable food systems.

The requirement for each family to contribute labor not only strengthens their sense of ownership but also fosters community engagement and self-reliance. These greenhouses will provide a consistent supply of fresh vegetables and other nutritious produce, reducing dependency on external food sources and mitigating the effects of seasonal shortages.

This increased access to diverse, homegrown foods is expected to enhance dietary quality and overall well-being, particularly for children and vulnerable members of the community. In addition, the project promotes environmental sustainability and resilience by encouraging local food production practices that can be maintained and expanded in the future.



### Activities

Medicine, we have seen 25 patients.

Dentist, 13 patients

Laboratory, 11 lab tests were done.

Health promotion for all our patients.

## Photo Gallery



Seven greenhouses have been set up. The beneficiaries prepared the land and then planted the vegetables they each chose.



We were walking through the area and were surprised to find this woman brushing her teeth with her little girl. This practice is becoming increasingly common thanks to the oral health talks that Con Corazón conducts.