



Con Corazón Outreach Report

22nd April 2026 – Marampaqui

Handwashing is one of the simplest and most effective ways to prevent disease, yet it remains an uncommon practice in the rural community of Marampaqui. Through Con Corazón's health promotion program, we continue to educate children, parents, and community members about the importance of washing their hands with soap and clean water before eating, after using the toilet, and before preparing food.

During our educational sessions, we use practical demonstrations and interactive activities to show how germs spread and how proper hand hygiene can prevent common illnesses such as diarrhea, respiratory infections, and skin diseases. These diseases are frequent in remote Andean communities and can have a significant impact on children's health, school attendance, and overall well-being.

Changing long-established habits requires patience and continuous reinforcement. Many families have never received formal education on hygiene, making health promotion an essential part of our work. Children are encouraged to become ambassadors of good hygiene by sharing what they learn with their parents and siblings, creating positive changes that extend beyond the classroom.

Although adopting regular handwashing takes time, we are already seeing encouraging progress. Teachers report that more students are washing their hands before meals, and parents are becoming increasingly aware of the connection between hygiene and good health. Con Corazón remains committed to strengthening healthy habits that will reduce preventable diseases and improve the quality of life for families in Marampaqui.





Activities

Medicine, we have seen 25 patients.

Dentist, 13 patients

Laboratory, 12 lab tests were done.

Health promotion for all our patients.

Photo Gallery



Children eagerly receive toothpaste during a Con Corazón outreach activity, promoting oral hygiene and encouraging healthy habits in remote Andean communities.



Women receive essential medicines with dignity and hope, improving access to healthcare while strengthening the well-being of families in Marampaqui.