

Nutrition Project Report

July 2024 – Guadalupe school

The beneficiaries of the project are 135 students, most of them between 6 and 12 years old. Meals are served at 10:30 am in the Guadalupe School dining room. Next to the dining room there is a double room where the kitchen and a small storage room for the meals are located. There is also room for a refrigerator full of products.

During the preparation of food, the environment is quiet and peaceful, only the cooks make noise in the kitchen. Before 10:30 am arrives the voices of more than a hundred students can be heard, who quickly enter the dining room because they know that a delicious dish based on vegetables, proteins and fruits awaits them. The environment becomes a place full of noise, laughter, conversations, which in the end seems to be a reward that satisfies the cooks and all those involved in the project.



Photo Gallery



Children enjoying a fruit salad with yogurt. Something they don't usually have at home.