

Nutrición Project Report

August 2024 – Guadalupe school

“Variety is the spice of life” says one of the children at the school, after having just seen the dishes on the kitchen menu. “At home, I almost never eat fruit or vegetables” says a girl as she washes her hands before entering the dining room. We can deduce that there is a change in the way of thinking and processing this activity of feeding them with nutritious food.

This project is precisely about that, changing the mentality of children regarding the choice of their food. We hope that the impact we want to achieve will also be among the members of their families. This is a challenge that we still have to face.

Indeed, the variety of meals prepared by the cooks makes them much more attractive for the children. We are very happy with the way the cooks work.



Photo gallery



Eggs, fruits, meats and vegetables are the main components of children's diet at every meal.